



Reclaim Your Bliss !

HEALTH SUPPLEMENTS | NUTRACEUTICALS | FOOD INGREDIENTS | FUNCTIONAL FOODS

Is Possible !



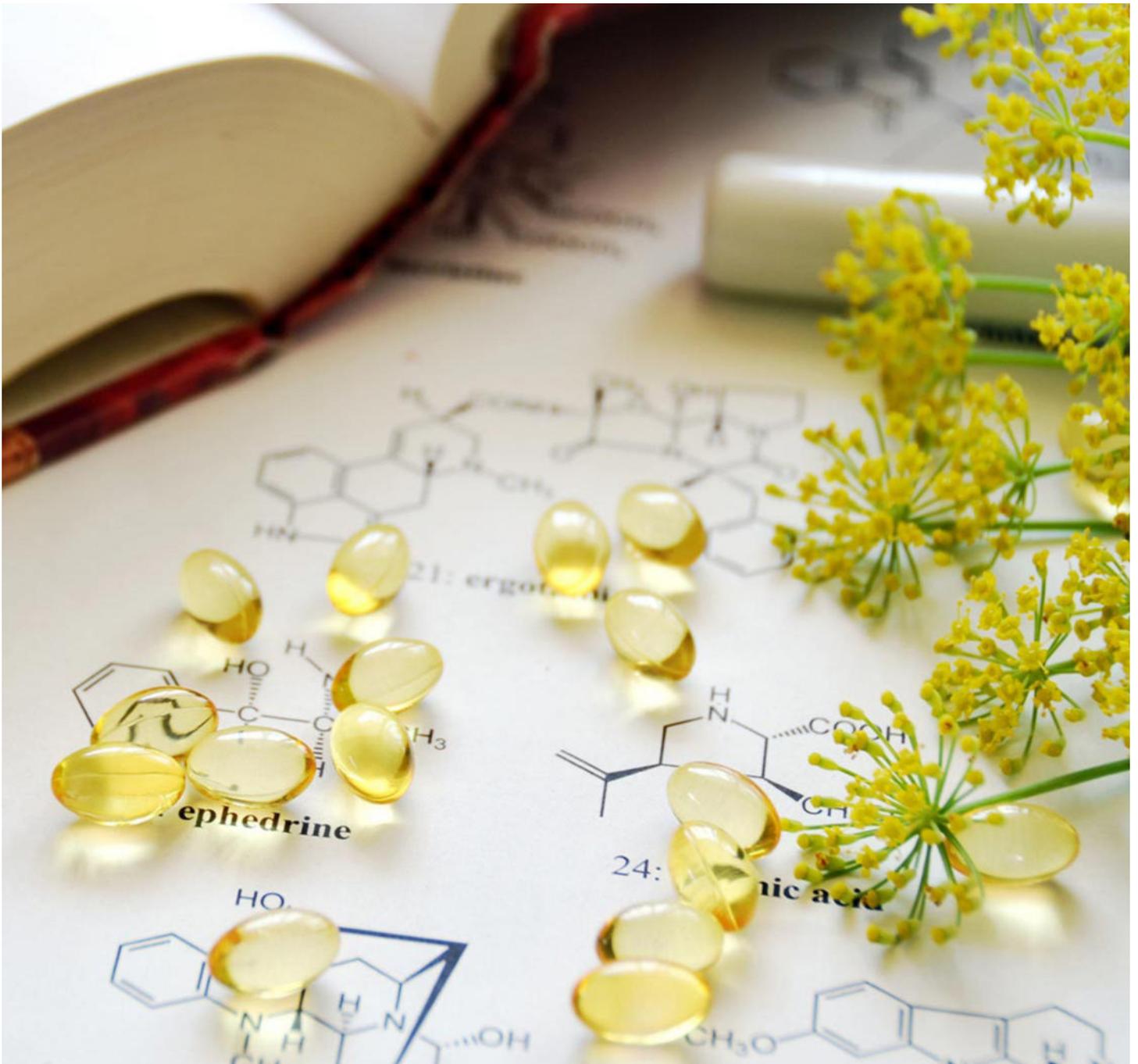
The Holy Grail Of Health !

Health First ! Bliss is at the forefront of providing smart solutions for today's complex lifestyle.

We are committed to delivering the purest ingredients from nature and synergize them with latest scientific advancements for one purpose: To help you and your loved ones be Active Always !

Since the year 2001 we are passionate about the Science of Life.

Better For You !



Healthcare... Not Sickcare !

At Bliss we have crafted a perfect harmony between Science & Nature to promote wellness for you and your family.

Using the abundance of nature and sharp acumen for research, Bliss Wellness has developed a deep understanding for the healthier way of life. Our team of research scholars & strong academic roots are the driving force for all our health endeavours.

Promoting healthcare is our founding principle.

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Fascinated
With Health !





Weight Management

The Elixir Of Life !™



Accelerated Weight Management



SlimBliss™ Absolute Kit Breakfast | Lunch | Dinner

**GREEN COFFEE BEAN EXTRACT | WHITE KIDNEY BEAN EXTRACT
CLA : CONJUGATED LINOLEIC ACID | GARCINIA CAMBOGIA | FENUGREEK GALACTOMANNAN**

The most scientifically designed weight management program ! It promotes all round synergistic weight management by increasing metabolism, reducing natural sugar absorption & starch digestion, increasing satiety & also maintains lean muscle mass. This is achieved by combining the different health benefits of CLA, Green Coffee Bean Extract, White Kidney Bean Extract, Fenugreek Extract, Garcinia Cambogia Extract & Piperine Extract into this super supplement combo.

HELPS INCREASE
METABOLISM*

HELPS REGULATE
SUGAR ABSORPTION*

SUPPORTS
LEAN MASS*

SUPPORTS
APPETITE CONTROL*



Available as Veg Tablets

GlucoBliss® Plus Fenugreek Extract White Kidney Bean Extract

GlucoBliss® Plus is the finest combination of Fenugreek extract Galactomannan & Standardized White Kidney Bean extract (Phaseolamin). It reduces absorption of starch & carbs as well as reduces absorption of natural dietary sugars & is a boon for weight watchers that also helps in blood sugar management & a healthy heart.

HELPS MANAGE
BLOOD SUGAR LEVELS*

REDUCES CARB
ABSORPTION*

SUPPORTS WEIGHT
MANAGEMENT*

HELPS IMPROVE
GUT HEALTH*



Available as Veg HPMC Capsules



MucleBliss® Super Mass Gainer Weight Gainer Supplement

MucleBliss® Super Mass Gainer is a high-calorie sports nutrition supplement which is the perfect way to gain sturdy muscles & body weight. The unique blend of proteins and complex carbohydrates provide the necessary fuel to muscles for quick recovery and muscle growth along with healthy weight gain.

HELPS BOOST
CALORIES INTAKE*

HELPS BUILD &
MAINTAIN MUSCLE*

HELPS FUEL INTENSE
WORKOUT*

BOOSTS METABOLISM
& ENERGY LEVELS*



Available in Tasty Powder Format



SlimBliss™ Ultra Green Tea Extract Garcinia Cambogia Extract Green Coffee Bean Extract

SlimBliss™ Ultra is a premium combination of high potency Green Coffee Bean Extract 50% CGA, Garcinia Cambogia 60% HCA and 98% Green Tea Extract. It is formulated for accelerated weight management through faster metabolism, better appetite control & is a natural antioxidant for boosting immunity.

PROMOTES
METABOLISM*

SUPPORTS APPETITE
CONTROL*

SUPPORTS WEIGHT &
SUGAR MANAGEMENT*

NATURAL
ANTIOXIDANT*



Available as Veg Tablets



SlimBliss™ Absolute Conjugated Linoleic Acid White Kidney Bean Extract Green Coffee Bean Extract

SlimBliss™ Absolute is a combination of high potency 50% Green Coffee Bean Extract, Standardized White Kidney Bean Extract & Conjugated Linoleic Acid. It is beneficial for effective & 360° weight management. It helps boost metabolism, reduces carbohydrate absorption & enables body muscle toning.

HELPS IMPROVE
METABOLISM*

REDUCES CARB
ABSORPTION*

SUPPORTS WEIGHT &
SUGAR MANAGEMENT*

HELPS MAINTAIN
LEAN MASS*



Available as Veg Tablets



MorningBliss® Nutritional Breakfast Mix Total Wellness Protein Rich Breakfast

MorningBliss® is a scientifically designed nutritional breakfast shake mix formula for the energy seeking & health conscious people. It is powered with finest & complete range of essential Amino Acids, Vitamins B5, B6, B12 & D3, Zinc, Omega-3, Taurine, Oats Fiber, Manganese & Magnesium that activate your metabolism to generate instant energy that gives you that extra boost for the day's start. It is an ideal breakfast option for rushy mornings.

HIGH QUALITY
PROTEINS*

SUPPORTS MOOD
& WELLNESS*

PROVIDES CLEAN
ENERGY*

PROMOTES SATIETY
& GUT HEALTH*

Available in Yummy
Café Choco Flavour.



Available in Tasty Powder Format

MealBliss® Nutritional Shake Mix Total Wellness Protein Rich Meal

MealBliss® is the best ever nutritional shake mix designed to deliver the most nutritionally enriched meal in a tasty premix form. A scientifically designed super meal formulated for the weight and calorie conscious people, it is powered with the finest and complete range of high quality plant and milk proteins, all essential amino acids, 26 vitamins and minerals, Omega-3, MCT, Fenugreek Fibers & Green Coffee Extract that supercharge your metabolism to give fast energizing results towards a toned and healthy body. It is also a boon for people who have difficulty in digesting solid foods.

HIGH QUALITY
PROTEINS*

SUPPORTS WEIGHT
MANAGEMENT*

PROVIDES HEALTHY
ENERGY & METABOLISM*

PROMOTES SATIETY
& GUT HEALTH*

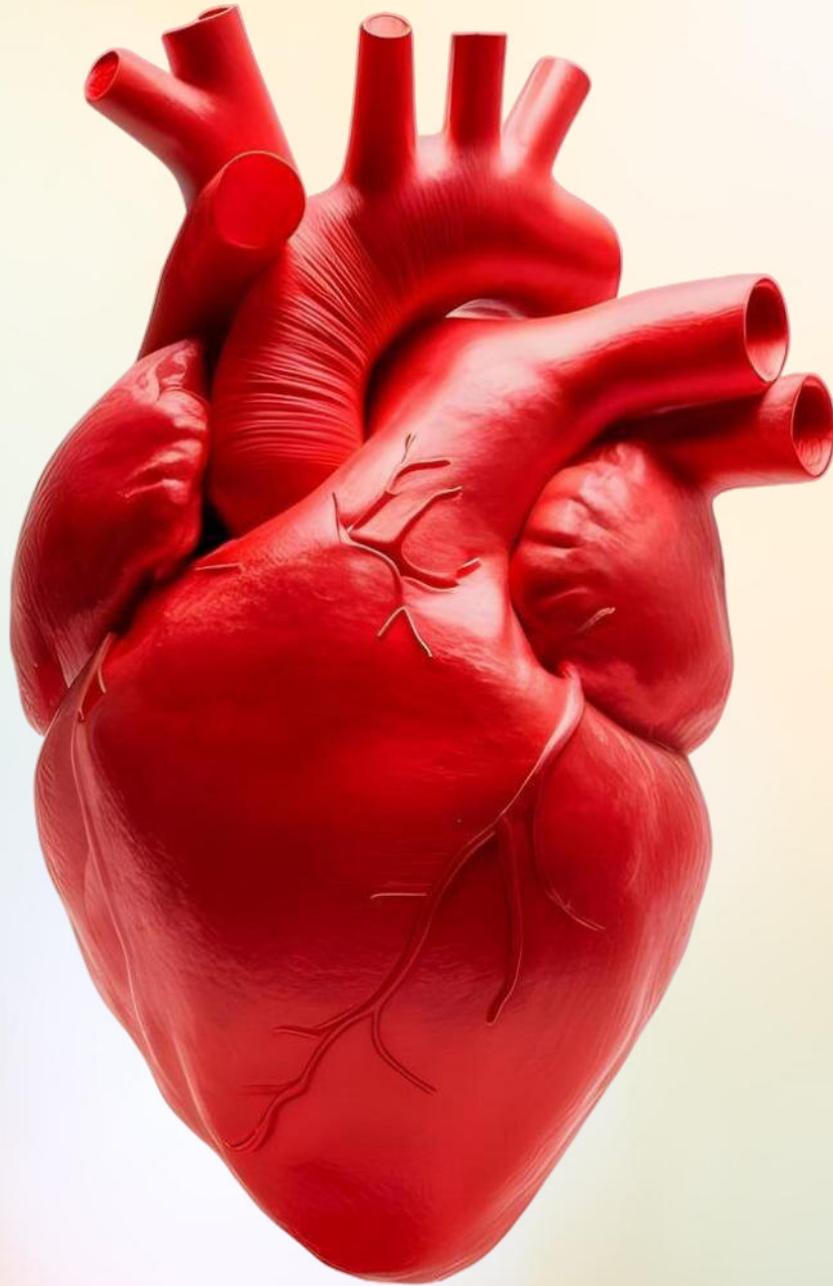


Available in Yummy
Strawberry, Chocolate
& Banana Flavours

Available in Tasty Powder Format

Heart Heath

Have A Good Heart !



CardioBliss™ Pure Omega 3 6 9

CardioBliss™ Pure Omega 3 6 9 is a superior blend of vegetarian & natural Omega's derived from cold pressed oils of various seeds. It is formulated to provide triple strength of Omega 3 6 9 that helps obtain the required daily dosage of essential fatty acids in a contaminant free, pure & natural form.

SUPPORTS
LIPID PROFILE*

SUPPORTS
BRAIN HEALTH*

HELPS STRENGTHEN
BONES*

HELPS IMPROVE
IMMUNITY*



Available as Softgel & Vegan HPMC Capsules



CardioBliss™ Natural Flaxseed Oil

CardioBliss™ Natural Flaxseed Oil is the most potent natural source of Vegetarian Omega-3 essential fatty acids. It is formulated from cold pressed flaxseed oil to ensure the highest bioavailability in the body therefore greatly enhancing its effectiveness.

SUPPORTS
HEART HEALTH*

SUPPORTS
BRAIN HEALTH*

HELPS IMPROVE
IMMUNITY*

SUPPORTS
JOINT HEALTH*



Available as Softgel Capsules



CardioBliss™ Ultimate
The Gold Standard
Omega-3 8X Strength Fish Oil

CardioBliss Ultimate Omega-3 Fish Oil 8X Strength is a next-generation Omega-3 supplement delivering 3000 mg deep sea fish oil, including 1400 mg EPA and 1000 mg DHA, offering 8X higher potency than regular fish oil. This ultra-pure, molecularly distilled formulation supports heart health, brain function, eye health & joint mobility while ensuring superior absorption, burp-free digestion & daily wellness support.

SUPPORTS
BRAIN HEALTH*

SUPPORTS
COGNITION*

HELPS IMPROVE
ALERTNESS*

SUPPORTS
EYESIGHT*



Available as Softgel Capsules



CardioBliss™
Gold | Absolute
Deep Sea Fish Oil

CardioBliss Fish Oils are derived from finest deep sea Anchovy fish. It is cold pressed, molecularly distilled and microfiltered to ensure best quality & highest potency of Omega-3 EPA & DHA. It is scientifically formulated to be free from heavy metals & contaminants. It is proven to be excellent supplement for Heart, Brain, Joints, Eyes, Immunity & many other health benefits.

SUPPORTS BRAIN & HEART HEALTH*

SUPPORTS JOINT HEALTH*

SUPPORTS IMMUNITY & EYE HEALTH*

SUPPORTS BRAIN FUNCTIONING*



Available as Softgel Capsules



CardioBliss™ Total
Penta Omega
Omega-3, 5, 6, 7 & 9

Penta Omega™ is a first-of-its-kind vegetarian omega formulation that delivers the complete spectrum of Omega 3, 5, 6, 7, and 9 in a single softgel. This unique all-in-one omega blend supports heart, eye, brain function, joint comfort, skin health, immune strength, and overall wellness, making it a comprehensive daily essential for whole-body nourishment.

SUPPORTS COGNITION
& BRAIN HEALTH*

SUPPORTS HEART
& JOINT HEALTH*

SUPPORTS SKIN
HEALTH & RADIANCE*

SUPPORTS EYE &
IMMUNE HEALTH*



Available as Veg Softgel Capsules



CardioBliss™ Natural Garlic Oil + Omega 3 6 9

CardioBliss™ Natural is a high potency combination of Garlic Oil Extract & Omega 3 6 9 Essential Fatty Acids. It provides 360° care for cardiovascular health & is beneficial for cholesterol management, blood pressure control & better immunity.

- HELPS MANAGE CHOLESTEROL*
- HELPS REGULATE BLOOD PRESSURE*
- ANTICARCINOGENIC SUPPORTS IMMUNITY*
- SUPPORTS HEART HEALTH*

 Available as Softgel Capsules

CardioBliss™ Ultra COQ 10 + Piperine

CardioBliss™ Ultra COQ 10 is a powerful antioxidant that supports cardiovascular health & cellular energy. It restores COQ 10 levels which depletes with aging and provides relief from Oxidative Cell Stress. Piperine fortification ensures highest bioavailability of actives in the body

- HELPS INCREASE CELL ENERGY*
- HELPS PREVENT OXIDATIVE DAMAGE*
- PROMOTES IMMUNE SYSTEM*
- SUPPORTS HEART HEALTH*

 Available as Veg HPMC Capsules



LipidBliss® Pure Phytosterols

LipidBliss® Pure is the purest & most enriched form of Plant Sterols also known as Phytosterols. Phytosterols help in controlling dietary cholesterol absorption in the body & help manage levels of LDL & HDL to support a healthy heart. It is a natural supplement to support cardiac health & cholesterol levels.

SUPPORTS
LIPID PROFILE*

SUPPORTS
HEART HEALTH*

PROMOTES DIETARY
CHOLESTEROL
INHIBITION*

ANTICARCINOGENIC
IMPROVES IMMUNITY*



Available as Veg HPMC Capsules



LipidBliss® Plus Phytosterols + Omega 3 6 9

LipidBliss® Plus is a combination for overall Cardiac Wellness. It is formulated with high potency Phytosterol & Vegetarian Omega 3 6 9 to provide 360° Lipid care. Plant sterols inhibit the dietary cholesterol absorption while Omega 3 6 9 supports heart health. The combo also helps manage LDL / HDL Cholesterol levels.

SUPPORTS
LIPID PROFILE*

SUPPORTS
HEART HEALTH*

PROMOTES DIETARY
CHOLESTEROL
INHIBITION*

MANAGE LDL HDL &
TRIGLYCERIDES LEVELS*



Available as Veg HPMC Capsules



Sugar Management

Be Sugar Confident !





GlucoBliss® Plus

GlucoBliss® Plus is the finest combination of Fenugreek extract Galactomannan & Standardized White Kidney Bean extract (Phaseolamin). It reduces absorption of starch & carbs as well as reduces absorption of natural dietary sugars. A boon for weight watchers that also helps in blood sugar management. It helps in reducing Insulin Resistance.



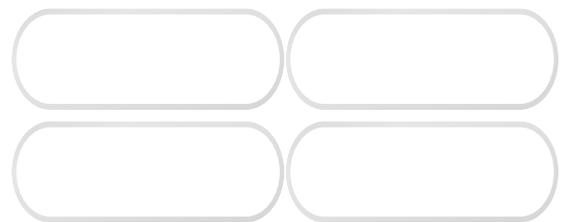
Available as Veg HPMC Capsules



GlucoBliss® Ultra



GlucoBliss® Ultra is a high potency formulation of Alpha Lipoic Acid which is a powerful antioxidant that helps regulate blood sugar levels, reduces inflammation & also has finest anti ageing effects. It helps protect & rejuvenate cells due to its tendency to fight free radicals.



Available as Veg Tablets

GlucoBliss® Natural

GlucoBliss® Natural Fenugreek Fibers fortified by 300% Saponins are one of the finest dietary fibers in the world that are known for reducing dietary sugar absorption, helps in weight management & better cardiac health.



Available as Veg HPMC Capsules





Body Detox

Purify & Healthify Your Body



DetoxBliss® Kidney Detox

DetoxBliss® Kidney Detox is a one of its kind ayurvedic detox supplement that supports Kidney cleansing. The superior blend of extracts of Punarnava, Ganoderma, Varun, Gokhru & Pattharchata helps reduce inflammation, flush out toxins & also supports kidney stone dissolution. It is a diuretic & has strong antioxidant properties. Piperine fortification acts as a catalyst for greater bio availability in the body.

- HELPS IN STONE DISSOLUTION*
- DIURETIC & STRONG ANTIOXIDANT*
- HELPS REDUCE KIDNEY INFLAMMATION*
- HELPS FLUSH OUT TOXINS*



Available as Veg Tablets



DetoxBliss® Skin Detox

DetoxBliss® Skin Detox is the finest herbal formulation for a clear, spotless & glowing skin. It helps take care of acne, reduces inflammation, removes toxins & also helps purify blood. It is enriched with Curcumin Extract, Omega-3, Sea Buckthorn, Evening Primrose, Bamboo Shoot Extract & Beetroot Extract making it a highly potent formulation for a healthy & younger skin. It prevents premature ageing. Piperine fortification acts as a catalyst for greater bio availability of Actives.

- SUPPORTS CLEAR & GLOWING SKIN*
- HELPS CONTROL ACNE*
- DETOXIFY & REJUVENATE*
- HELPS PURIFY BLOOD*



Available as Veg Tablets



DetoxBliss® Lung Detox

DetoxBliss® Lung Detox is a powerful mixture of extracts of Curcumin, Beetroot, Ginger, Arjuna, Punernava & other ayurvedic ingredients that ensure effective cleansing of lungs with strong antioxidants & has strong anti inflammatory properties. Piperine fortification acts as a catalyst for greater bio availability.

PROMOTES
LUNG CLEANSING*

SUPPORTS HEALTHY
RESPIRATION*

SUPPORTS LUNG
IMMUNITY*

ANTIOXIDANT
ANTI INFLAMMATORY*



Available as Veg Tablets

DetoxBliss® Gut Detox

A good day starts with a healthy gut. DetoxBliss® Gut Detox is the best formulation for all round Gut cleansing & wellness. Probiotics along with multiple ayurvedic ingredients like Triphala, Trikatu, Isabgol & Kalajeera help control Acidity, Gas, Digestion & Heartburn. It also helps cleanse the gut and is a strong antioxidant.

PROMOTES
METABOLISM*

HELPS CONTROL
GAS & INDIGESTION*

HELPS REMOVE
TOXINS*

HELPS CONTROL
ACIDITY & REFLUX*



Available as Veg Tablets



DetoxBliss® Liver Detox

DetoxBliss® Liver Detox is a superior blend of Milk Thistle Extract, Dandelion Extract & Gluthathione. This Ayurvedic supplement helps flush out toxins from Liver, safeguards & strengthens liver against alcohol effects, post covid Liver cell damage & also prevents fatty liver conditions. Piperine fortification acts as a catalyst for greater bio availability.

HELPS RECOVER
LIVER STRENGTH*

STRONG NATURAL
ANTIOXIDANT*

SAFEGUARDS AGAINST
ALCOHOL EFFECTS*

HELPS FLUSH
OUT TOXINS*



Available as Veg Tablets



DetoxBliss® Blood Detox

DetoxBliss® Blood Detox is a one of its kind natural & herbal detox supplement that supports Blood purification & promotes healthy clear skin. The superior blend of extracts of Curcumin, Beetroot, Manjishtha & Neem helps flush out toxins & is also a strong antioxidant. Piperine fortification acts as a catalyst for greater bio availability.

BLOOD THINNER
& PURIFIER*

ANTIBIOTIC & NATURAL
ANTIOXIDANT*

HELPS CONTROL
ACNE & HEALTHY SKIN*

ANTI-VIRAL
ANTIMICROBIAL*



Available as Veg Tablets





Hair, Skin & Nails

Beauty from Within!™



BeautyBliss™ Hair Vitamin

BeautyBliss™ Hair Vitamin formulation is the right mix of nourishing ingredients with extract of Green Tea, Pumpkin seed, Pine bark, Bhringraj & Omega-3 that helps accelerate hair growth & maintain healthy & strong hair from root to tip. It is power packed with the best combination of essential vitamins & minerals for shiny & strong hair.

HELPS CONTROL
HAIR FALL*

HELPS BOOST
HAIR GROWTH*

HELPS DECREASE
HAIR THINNING*

HELPS
STRENGTHEN HAIR*



Available as Veg Tablets



BeautyBliss™ DHT Blocker

BeautyBliss™ DHT Blocker helps manage hair fall & hair thinning. It contains a mix of Vitamins & Minerals, Green Tea Extract, Omega-3, Biotin & Pumpkin Seed Extract that helps in strengthening the roots & enriches hair growth. It improves blood circulation to the scalp & also promotes shiny & lustrous hair.

HELPS CONTROL
HAIR FALL*

HELPS CONTROL
DHT PRODUCTION*

PROMOTES HEALTHY
HAIR GROWTH*

SUPPORTS FOLLICLE
STIMULATION*



Available as Veg Tablets





BeautyBliss™ Biotin + Piperine

BeautyBliss™ Biotin provides the right nourishment with pure easily absorbable Biotin that is rich in powerful antioxidants with a unique blend of Calcium & Piperine that keeps hair healthy, reduces hair breakage & prevents wrinkles, fine lines & age related decay.

HELPS BOOST
HAIR GROWTH*

SUPPORTS SKIN
GLOW*

HELPS PREVENT
AGE DECAY*

POWERFUL
ANTIOXIDANT*



Available as Veg Tablets

BeautyBliss™ Hair, Skin & Nails

BeautyBliss™ Hair, Skin & Nails advance action formula with Glutathione, Biotin, Curcumin, Hylauronic Acid & Green Tea Extact helps support hair shine, growth, glowing skin, healthy nails & has many other long term benefits due to the presence of essential multivitamins, multi minerals, amino acids & herbal extracts. It prevents brittle nails as well.

SUPPORTS SKIN
& NAIL CARE*

HELPS HEALTHY
HAIR GROWTH*

HELPS SKIN
NOURISHMENT*

NATURAL
ANTIOXIDANT*



Available as Veg Tablets





BeautyBliss™ Collagen Builder

BeautyBliss™ Collagen is a scientifically designed blend of natural extracts & ingredients that helps provide body with the right nutritional mix of extracts of Sea Buckthorn, Sesbania, Bamboo Shoot, Green Tea, Amla & Tulsi with Guava, Lemon, Orange, Pomegranates & Green Mango Powder to stimulate collagen production in the body for a clear & glowing skin! Bliss Wellness collagen formula helps improve skin texture, control pigmentation & discoloration and protect against harmful UV rays. It is a cell-builder formula that helps stimulate collagen production for better & younger skin elasticity.

**SUPPORTS GLOWING
SKIN & SHINY HAIR***

**REJUVENATES DULL
& DRY SKIN***

**HELPS SUPPORTS
HEALTHY NAILS***

**PREVENTS
PREMATURE AGEING ***



Available in Tasty Powder Format

BeautyBliss™ Biotin Collagen Drops

BeautyBliss Biotin & Collagen Drops is a highly potent and safe formula designed to support health and beauty from within. Biotin helps stimulate new hair follicles, promoting faster hair growth and improved hair quality. Collagen supports skin glow, elasticity, and hydration while strengthening bones, joints, and nails. Together, they help enhance overall beauty, flexibility, and youthful appearance.

SUPPORTS GLOWING SKIN & SHINY HAIR*

REJUVENATES DULL & DRY SKIN*

HELPS SUPPORTS HEALTHY NAILS*

PREVENTS PREMATURE AGEING *

Available in Liquid Drops Format



CardioBliss™ Total Penta Omega 3, 5, 6, 7 & 9

Penta Omega™ is a first-of-its-kind vegetarian omega formulation that delivers the complete spectrum of Omega 3, 5, 6, 7, and 9 in a single softgel. This unique all-in-one omega blend supports heart, eye, brain function, joint comfort, skin health, immune strength, and overall wellness, making it a comprehensive daily essential for whole-body nourishment.

SUPPORTS HYDRATION & STRONG SKIN BARRIER*

REDUCES INFLAMMATION & CALM SKIN*

SUPPORTS SKIN HEALTH & RADIANCE*

SUPPORTS ANTI-AGING & IMPROVED ELASTICITY*



Available as Veg Tablets



BeautyBliss™ Skin Vitamin

BeautyBliss™ Skin Vitamin formula is loaded with high efficacy vitamins, minerals & natural extracts like Milk Thistle, Rosemary, Hyaluronic Acid & Alpha Lipoic Acid that have effective intrinsic properties to intensely hydrate & deeply moisturizes skin cells for smooth skin texture, enhancing skin firmness to improves the overall quality of your skin. It supports as effective anti ageing supplement.

SUPPORTS SKIN
CELLS HYDRATION*

ENHANCES SKIN
FIRMNESS*

HELPS BOOST
SKIN GLOW*

DEEPLY MOISTURIZES
FOR SMOOTH SKIN*



Available as Veg Tablets



BeautyBliss™ Skin Glow Vitamin E + Argan Oil + Aloe Vera

BeautyBliss™ Natural Vitamin E capsule is a skin and hair care supplement that helps protect from the adverse effects of UV induced oxidative stress and water loss that causes skin damage. With added benefits of pure Argan Oil & Aloe Vera it helps improve skin smoothness, prevent wrinkles & maintain youthful glow.

SUPPORTS SKIN
& HAIR CARE*

HELPS BOOST
SKIN GLOW*

HELPS REDUCE
SKIN DAMAGE*

NATURAL
ANTIOXIDANT*



Available as Veg HPMC Capsules





BeautyBliss™ Hair, Skin & Nails Gummies

BeautyBliss™ Hair, Skin & Nails Gummies deliciously provides supplementation of Biotin, Bamboo Shoot Extract, Hyaluronic Acid & Green Tea Extract that promotes healthy skin by making it soft, improves hair growth and thickness and also strengthens nails. It is packed with pure and high efficacy ingredients that are rich in antioxidants, vitamins, minerals, and more, in a super tasty gummy for healthy hair, skin and nails.

HELPS BOOST
HAIR GROWTH*

SUPPORTS SKIN
BRIGHTING*

HELPS PREVENT
AGING*

POWERFUL
ANTIOXIDANT*

Available as Gummies

DetoxBliss® Skin Detox

DetoxBliss® Skin Detox is the finest herbal formulation for a clear, spotless & glowing skin. It helps take care of acne, reduces inflammation, removes toxins & also helps purify blood. It is enriched with Curcumin Extract, Omega-3, Sea Buckthorn, Evening Primrose, Bamboo Shoot Extract, Beetroot Extract making it a highly potent formulation for a healthy & younger skin. It prevents premature ageing. Piperine fortification acts as a catalyst for greater bio availability of Actives.

SUPPORTS CLEAR
& GLOWING SKIN*

HELPS CONTROL
ACNE*

DETOXIFY &
REJUVENATE*

HELPS PURIFY
BLOOD*



Available as Veg Tablets



Women Health

Health Is The New Wealth !



BrainBliss™ Platinum Alagal DHA + EPA Vegetarian Omega-3 + MCT

BrainBliss™ Platinum Omega-3 DHA & EPA is a superior blend of natural algae sourced Omega-3's & natural MCT (Medium Chain Triglycerides) Oil. Omega 3 DHA & EPA provides the required daily dosage of essential fatty acids that aid in the prenatal & postnatal development of the child's Brain, Eyes & Heart while MCT helps fulfil the energy needs of the mother.

SUPPORTS BRAIN DEVELOPMENT*

PROMOTES MEMORY & CONCENTRATION*

HELPS IMPROVE IMMUNITY*

SUPPORTS EYE & JOINT HEALTH*



Available as HPMC Veg Capsules



GlucoBliss™ Natural Fenugreek Extract with 3x Saponins

GlucoBliss Natural Fenugreek Extract with 3x Saponins is an age old supplement that is highly beneficial for promoting lactation, increasing milk flow, managing blood sugar levels, healthy hair & also helps in weight management.

LACTATION SUPPORT*

HEALTHY HAIR*

BLOOD SUGAR MANAGEMENT*

WEIGHT MANAGEMENT*



Available as HPMC Veg Capsules



VitaBliss™ Women's Daily Multivitamin & Herbs

VitaBliss Women's Daily Multivitamins & Herbs support energy, immunity & overall wellness. Powered by essential vitamins and minerals like Vitamin C, D, B-complex, Calcium, Magnesium & Zinc, they help maintain metabolism, bone strength, and immune health. A natural blend of Shatavari, Elderberry, Blueberry, Spirulina, Beetroot & Chlorella supports vitality, skin health, and hormonal balance keeping women energized & focused daily.

SUPPORTS ENERGY & METABOLISM*

SUPPORTS BONES & JOINTS*

SUPPORTS HAIR, SKIN & NAIL HEALTH*

SUPPORTS IMMUNE HEALTH*



Available as Veg Tablets



VitaBliss™ Women's 50+ Daily Multivitamin & Herbs

50 is the new 30 !

VitaBliss™ Women's 50+ multivitamin provides comprehensive nutritional support to promote health in active matured women. This high potency formula is designed to nourish, energize and support in post menopausal anxiety, hot flushes & mood swings. It is fortified with COQ 10, Alpha Lipoic Acid, Zexanthine, Hylauronic Acid, Cranberry, Bilberry, Curcumin & Grapeseed Extracts for best support that boosts energy & health at the cellular level.

SUPPORTS BONE & JOINT HEALTH*

SUPPORTS HEART HEALTH*

SUPPORTS IMMUNITY & ENERGY*

SUPPORTS EYE & BRAIN HEALTH*



Available as Veg Tablets





VitaBliss™ Sports Teenage Girls Multivitamin & Herbs

VitaBliss™ Teenage Girls Multivitamins supplement is formulated with premium ingredients & science-based nutrition which contains essential nutrients that every teenage girl needs. This science based formula helps in fulfilling the nutritional requirement to support better immune system, brain health, regular periods, vision, hormonal imbalance & overall wellness. It is an essential daily nutritional support for teenage girls who are active & on the go !

SUPPORTS HAIR SKIN & NAILS HEALTH*

SUPPORTS IMMUNITY*

SUPPORTS MUSCLE & JOINT HEALTH*

SUPPORTS OVERALL DEVELOPMENT*



Available as Veg Tablets

ProBliss™ Women Nutritional Protein & Herbs Shake Mix

Probliss™ Women Nutritional Protein & Herbs Shake Mix is a refreshing dose of wellness of high concentration protein along with the goodness of herbs, superfoods and multinutrients. Probliss™ Women's formula is enriched with herbs like Shatavari, Tulsi, Moringa, Piperine & Curcumin that help women bridge daily nutritional requirements. With the intelligent combination of superfoods and herbs, it provides strength and endurance to perform everyday tasks effectively & reduces anxiety & mood swings.

SUPPORTS MUSCLE BUILDING*

DAILY NUTRITION & ENERGY*

MANAGES HORMONAL IMBALANCE*

SUPPORTS WEIGHT & GUT HEALTH*



Available in Tasty Powder Format





Child Nutrition

Smart Nutrition For Your Junior !



JuniorBliss® Gold Kids Omega + Multivitamin Brahmi + Shankpushpi

JuniorBliss® Gold is a one of its kind combination of Triple Omega 3 (DHA, EPA & ALA), Omega 6 (LA), Omega 9 (OA) & Multivitamins A,C,D & E. It is a wholesome vegetarian supplement that boosts overall Cognitive, Immune, Eyesight, Bones, Appetite & Cardiovascular health of children at their crucial developmental age. JuniorBliss® is specially formulated for children as a kids friendly & pleasing chocolate syrup.

Holy Grail Of Health For Your Junior!™

HELPS INCREASE
APPETITE*

SUPPORTS BRAIN
* MEMORY*

STRONGER BONES
& EYESIGHT*

HELPS SUPPORT
IMMUNITY*



JuniorBliss® Kids Multivitamin Gummies

Kids Multivitamin Gummies provide daily nutritional support with 12 essential vitamins, 6 minerals, and 6 amino acids in a fun, easy-to-consume format. Designed for growing children, the formulation supports overall growth, immunity, brain function, bone strength, eyesight, and heart health. These vegetarian, gelatin-free gummies, crafted with a pleasant taste and smooth chew, make daily nutrition enjoyable without artificial colors or flavors. Suitable for everyday use, the dosage is 1 gummy daily for children up to 6 years and 2 gummies daily for older children, helping keep them active, focused, and energized throughout the day.

**SUPPORTS
BRAIN DEVELOPMENT
& FOCUS***

**STRENGTHENS
IMMUNITY &
DAILY DEFENSE**

**STRONGER
JOINT, BONES
& EYESIGHT***

**HELPS
SUPPORT
HEART HEALTH***





BrainBliss™ Platinum Alagal DHA + EPA Vegetarian Omega-3 + MCT

BrainBliss™ Platinum is a superior blend of high potency Omega 3 DHA & EPA supported with high energy MCT isomers. It is the most potent supplement to support brain functioning, eye health, immunity & joint health. MCT fortification helps provide Brain & Body fuel for better & efficient functioning.

- SUPPORTS BRAIN DEVELOPMENT*
- PROMOTES MEMORY & CONCENTRATION*
- HELPS IMPROVE IMMUNITY*
- SUPPORTS EYE & JOINT HEALTH*



Available as HPMC Veg Capsules

BrainBliss® Brahmi + Shankapushpi Ginkgo Biloba

BrainBliss® is a premium ayurvedic blend of extracts of Brahmi, Shankpushpi & Ginkgo Biloba that is beneficial for enhancing memory, sharpen mental functioning & concentration. It helps rejuvenate brain cells and soothes anxiety, stress & insomnia. Piperine fortification acts as a catalyst for greater bio availability of actives.

- HELPS IMPROVE ALERTNESS*
- HELPS PROMOTES MEMORY RETENTION*
- HELPS REDUCE ANXIETY*
- PROMOTES CONCENTRATION*



Available as Veg Tablets





Super Food

Smart Food For The Smarter Generation !



ProBliss™

Nutritional Protein & Herbs Premix

ProBliss™ Men

Probliss™ Men is a formulation packed with the power of natural herbs that offers a high concentration of protein per serve to boost muscle growth. The formulation contains a highly potent herbal blend of natural ingredients like Ashwagandha, Ginseng, Safed Musli, Maca Root & Brahmi that help in boosting Immunity, Brain & Heart health, Vitality & Stamina in men. It supports active & healthy lifestyle.

ProBliss™ Women

Probliss™ Women is a refreshing dose of wellness of high concentration protein along with the goodness of herbs, superfoods and multinutrients. This formula is enriched with herbs like Shatavari, Tulsi, Moringa, Piperine & Curcumin with the intelligent combination of superfoods and herbs that help women bridge daily nutritional requirements & provide strength and endurance to perform everyday tasks effectively & efficiently. It supports active & healthy lifestyle.

SUPPORTS MUSCLE BUILDING*

DAILY NUTRITION & ENERGY*

SUPPORTS STAMINA & RECOVERY*

SUPPORTS WEIGHT & GUT HEALTH*



Wholesome Nutritional Wellness Formula

Available in Yummy Strawberry, Chocolate & Banana Flavours.



ImmuneBliss[®] Moringa + Biopiperine

ImmuneBliss[®] Moringa Fruit & Leaf Extract is a nutritionally complex green superfood that simultaneously nourishes and detoxifies the body. It is a whole food whose abundant nutrients are easily absorbed and utilized by the body. Piperine fortification acts as a catalyst for greater bio availability.

HEALTHY HEART &
SUGAR MANAGEMENT*

ANTI VIRAL &
ANTI BACTERIAL*

POWERFUL IMMUNITY
& ANTIOXIDANT*

POTENT
BLOOD DETOX*



Available as Veg Tablets

SuperBliss[™] Spirulina

SuperBliss[™] is a high potency Spirulina Extract derived from Marine Algae. Spirulina is rich in antioxidants, boosts immunity & supports heart health. Spirulina is the new age Super Food. It acts as anti carcinogenic by preventing cells from chronic inflammations.

BOOST
IMMUNITY*

SUPPORTS ANEMIA
HEART HEALTH*

SUPPORTS BRAIN
& BODY HEALTH*

STRONG
ANTIOXIDANT*



Available as Veg Tablets





Sleep Management

Sound Sleep For Better Health !



CalmBliss® Jatamansi + Ashwagandha Valerian Root + Melatonin

CalmBliss® is a premium blend of Extracts of Jatamansi, Valerian Root, Ashwagandha & Melatonin that is beneficial for initiation & enhancement of proper sleep cycles. It is an anti anxiety, anti stress & calmness inducing supplement. It prevents insomnia & also helps in rejuvenating body cells as a result of relaxed sleep.

HEALTHY
SLEEP CYCLE*

ANTI ANXIETY &
ANTI STRESS*

HELPS REJUVENATE
BODY CELLS*

HELPS PROMOTES
CALMNESS*



Available as Veg Tablets



CalmBliss® Sleep Gummies

CalmBliss® Sleep Gummies helps you to get your beauty sleep to wake up feeling refreshed, energized and ready for the day. It supports high quality sleep with the combination of melatonin and sleep inducing Valerian Root Extract that helps get good quality sleep which is essential for optimal health and well-being.

SUPPORTS
DEEP SLEEP*

RESTORES SLEEP
WAKE UP CYCLE*

PREVENTS
INSOMNIA*

HELPS REDUCE
STRESS & ANXIETY*

Available as Veg Gummies





Brain Health

Nourish Your Brain & Flourish !





BrainBliss™ Platinum Alagal DHA + EPA Vegetarian Omega-3 + MCT

BrainBliss™ Platinum is a superior blend of high potency Omega 3 DHA & EPA supported with high energy MCT isomers. It is the most potent supplement to support brain functioning, eye health, immunity & joint health. MCT fortification helps provide Brain & Body fuel for better & efficient functioning.

- SUPPORTS BRAIN DEVELOPMENT*
- PROMOTES MEMORY & CONCENTRATION*
- HELPS IMPROVE IMMUNITY*
- SUPPORTS EYE & JOINT HEALTH*



Available as HPMC Veg Capsules

BrainBliss® Brahmi + Shankapushpi Ginkgo Biloba

BrainBliss® is a premium ayurvedic blend of extracts of Brahmi, Shankpushpi & Ginko Biloba that is beneficial for enhancing memory, sharpen mental functioning & concentration. It helps rejuvenate brain cells and soothes anxiety, stress & insomnia. Piperine fortification acts as a catalyst for greater bio availability of actives.

- HELPS IMPROVE ALERTNESS*
- HELPS PROMOTES MEMORY RETENTION*
- PROMOTES CONCENTRATION*
- HELPS REDUCES ANXIETY*



Available as Veg Tablets



CardioBliss™ Ultimate

Omega-3 Fish Oil 8X Strength

CardioBliss Ultimate Omega-3 Fish Oil 8X Strength is a next-generation Omega-3 supplement delivering 3000 mg deep sea fish oil, including 1400 mg EPA and 1000 mg DHA, offering 8X higher potency than regular fish oil. This ultra-pure, molecularly distilled formulation supports heart health, brain function, eye health & joint mobility while ensuring superior absorption, burp-free digestion & daily wellness support.

- SUPPORTS BRAIN HEALTH*
- SUPPORTS COGNITION*
- HELPS IMPROVE ALERTNESS*
- SUPPORTS EYESIGHT*



Available as Veg Softgel Capsules



CardioBliss™ Total

Penta Omega 3, 5, 6, 7 & 9

Penta Omega™ is a first-of-its-kind vegetarian omega formulation that delivers the complete spectrum of Omega 3, 5, 6, 7, and 9 in a single softgel. This unique all-in-one omega blend supports heart, eye, brain function, joint comfort, skin health, immune strength, and overall wellness, making it a comprehensive daily essential for whole-body nourishment.

- SUPPORTS MEMORY & COGNITIVE FUNCTION*
- IMPROVES FOCUS & MENTAL CLARITY*
- SUPPORTS MOOD & STRESS BALANCE*
- NEUROPROTECTION & HEALTHY AGING*



Available as Veg Softgel Capsules



Male Health

Stamina, Vigor & Vitality





Shilajit Gummies

With KSM-66® Ashwagandha

Bliss Wellness Pure Himalayan Shilajit Gummies are a convenient Ayurvedic formulation that supports energy, stamina, and overall vitality. Made with 70% Fulvic Acid Shilajit and KSM-66 Ashwagandha, they help enhance strength, endurance, cognitive function, and immunity while supporting daily performance and recovery. Presented in an easy-to-consume gummy format, this formulation ensures better compliance without compromising on potency or effectiveness, making it ideal for daily wellness support.

HELPS IMPROVE
ENERGY*

HELPS IMPROVE
STAMINA*

HELPS IMPROVE
VIGOR & VITALITY*

ENHANCES ENDURANCE
& PERFORMANCE



Available as Gummies



Gold Himalayan Shilajit Resin

With 70%+ Fulvic Acid

Bliss Wellness Gold Pure Himalayan Shilajit Resin is a high-potency Ayurvedic formulation crafted to support male strength, stamina, and performance. Sourced from high-altitude regions, it contains 70%+ fulvic acid and is enriched with seven powerful herbs including Swarna Bhasma, Ashwagandha, Gokhru, Maca Root, Black Musli, and Kaunch. This pure resin formula helps enhance energy, endurance, vitality, and recovery, ensuring maximum absorption and long-term male wellness support.

HELPS IMPROVE
STRENGTH & STAMINA*

HELPS IMPROVE
PERFORMANCE*

HELPS IMPROVE
VIGOR & VITALITY*

SUPPORTS ENDURANCE
& RECOVERY*

Available as Resin Form



JoshBliss® Natural Shilajit Extract Vitality Booster

JoshBliss® Natural is a premium ayurvedic formulation of high potency Shilajit Extract, that helps improve strength, stamina, vigor & vitality. It acts as a powerful testosterone booster to enhance performance. Piperine fortification acts as a catalyst for greater bio availability of actives.

- HELPS IMPROVE STAMINA*
- HELPS IMPROVE VIGOR*
- IMPROVES VITALITY*
- ANTI ANXIETY & STRESS*



Available as Veg Tablets

JoshBliss® Gold Shilajit + Safed Musli Ashwagandha + Kaunch

JoshBliss® Gold is a premium ayurvedic blend of Shilajit, Safed Musli, Ashwagandha, Akarkara & Kaunch that helps improve strength, stamina, vigor & vitality. It acts as a powerful testosterone booster to enhance performance & endurance. Piperine fortification acts as a catalyst for greater bio availability in the body.

- HELPS IMPROVE STAMINA*
- HELPS IMPROVE VIGOR*
- IMPROVES VITALITY*
- HELPS IMPROVE PERFORMANCE*



Available as Veg Tablets



JoshBliss® Vital KSM-66® Ashwagandha Multivitamins

JoshBliss Vital Ashwagandha is a premium daily wellness formula with KSM-66 Ashwagandha, essential multivitamins, and Piperine for better absorption. It supports strength, endurance, stress resilience, and mental balance—helping maintain energy and overall wellness for an active lifestyle.

- HELPS IMPROVE STAMINA*
- HELPS IMPROVE VIGOR*
- IMPROVES VITALITY*
- ANTI ANXIETY & STRESS*



Available as Veg Tablets



JoshBliss™ Classic Gokhru Extract

JoshBliss Classic is a premium ayurvedic supplement of Gokhru fruit extract that is beneficial in increasing the levels of natural endogenous testosterone by acting as a non-hormonal bio stimulator. It helps manage erectile problems by strengthening the penile tissue & boosts testosterone levels & endurance.

- HELPS IMPROVE PERFORMANCE*
- HELPS RESTORE STRENGTH*
- IMPROVES DRIVE & VIGOR*
- HELPS IMPROVE STAMINA*



Available as Veg Tablets



JoshBliss® Ultra

Maca Root Extract Horny Goat Weed Extract

JoshBliss® Ultra is a premium blend of Maca Root Extract & Horny Goat Weed Extract that is beneficial for strength, stamina, vitality & brain stimulation. Piperine fortification acts as a catalyst for greater bio availability of actives.

- HELPS IMPROVE STAMINA*
- HELPS IMPROVE VIGOR*
- IMPROVES VITALITY*
- SUPPORTS BRAIN STIMULATION*



Available as Veg Tablets

JoshBliss® Plus

Saw Palmetto Extract

JoshBliss® Plus is a premium Saw Palmetto Extract formulation that is beneficial for prevention of hair loss, prostate health, boosting testosterone levels & has anti inflammatory properties. Piperine fortification acts as a catalyst for greater bio availability of actives.

- PREVENTS HAIR LOSS*
- TESTOSTERONE SUPPORT*
- SUPPORTS PROSTATE HEALTH*
- ANTI INFLAMMATORY*



Available as Veg Tablets



GlucoBliss® Natural Fenugreek Extract 3X Saponins

GlucoBliss® Natural Fenugreek Fibers fortified with 300% Saponins are one of the finest dietary fibers in the world. It is highly beneficial for promoting testosterone levels, improve vitality & is also helpful in effective weight management. It is ideal for Prediabetic & Diabetic patients.

SUPPORTS RECOVERY & ENDURANCE*

HELPS PROMOTE TESTOSTERONE LEVELS*

SUPPORTS SUGAR & WEIGHT MANAGEMENT*

SUPPORTS VITALITY & VIGOR*



Available as Veg HPMC Capsules



JoshBliss® Vigor

Korean Ginseng Biopiperine

JoshBliss® Vigor is a premium ayurvedic blend of Korean Ginseng & Biopiperine that helps to support energy levels, vitality & performance. It works to reduce the stress levels & improves the mood. Piperine fortification acts as a catalyst for greater bio availability.

HELPS INCREASE ENERGY PRODUCTION*

HELPS RESTORE GOOD MOOD*

IMPROVES VITALITY & PERFORMANCE*

ANTI ANXIETY & STRESS*



Available as Veg Tablets



Sports Nutrition

Brain & Body Fuel !



ProBliss™

Nutritional Protein & Herbs Premix

ProBliss™ Men

Probliss™ Men Nutritional Protein & Herbs Shake Mix is a formulation packed with the power of natural herbs that offers a high concentration of protein per serve to boost muscle growth. The formulation contains a highly potent herbal blend of natural ingredients like Ashwagandha, Ginseng, Safed Musli, Maca Root, Brahmi that help in boosting Immunity, Brain, Anxiety, Heart health, Vitality & Stamina in men enabling them to work out with greater intensity & for longer durations.

ProBliss™ Women

Probliss™ Women Nutritional Protein & Herbs Shake Mix is a refreshing dose of wellness of high concentration protein along with the goodness of herbs, superfoods and multinutrients. Probliss™ Women's formula is enriched with herbs like Shatavari, Tulsi, Moringa, Piperine & Curcumin that help women bridge daily nutritional requirements. With the intelligent combination of superfoods and herbs, it provides strength and endurance to perform everyday tasks effectively & efficiently. It helps reduce fatigue & anxiety.

SUPPORTS MUSCLE BUILDING*

NUTRITION & ENERGY REDUCES ANXIETY*

SUPPORTS STAMINA & RECOVERY*

SUPPORTS WEIGHT & GUT HEALTH*



Wholesome Nutritional Wellness Formula

Available in Yummy Strawberry, Chocolate & Banana Flavours.

Available in Tasty Powder Format



Bliss Boost Performance Booster Drops

Josh Bliss Boost Drops are a natural performance-enhancing formulation designed to elevate both workplace productivity and workout performance. Crafted with a powerful blend of exotic mint oils and MCT oil, it helps improve oxygen flow, boost endurance, and deliver instant, clean energy. The fast-absorbing liquid provides a refreshing energy lift that fuels the brain and body without caffeine, sugar, or fat storage. Ideal for use at the office, home, or gym, JoshBliss Booster Drops help you stay focused, motivated, and energized to perform at your best throughout the day.

HELPS IMPROVE
COGNITIVE PERFORMANCE*

HELPS BOOST
OXYGEN LEVEL*

HELPS DECREASE
BLOOD LACTATE LEVEL*

SUPPORTS
INSTANT ENERGY*

Available as Natural Edible Oil Format



Joint Health

Nature's Way To Healthier Bones !



CardioBliss™ Ultimate

The Gold Standard

Omega-3 Fish Oil

8X Strength

Omega-3 Fish 8X Strength is a next-generation Omega-3 supplement delivering 3000 mg deep sea fish oil, including 1400 mg EPA and 1000 mg DHA, offering 8X higher potency than regular fish oil. This ultra-pure, molecularly distilled formulation supports heart health, brain function, eye health & joint mobility while ensuring superior absorption, burp-free digestion & daily wellness support.

- HELPS BOOST IMMUNITY*
- PREVENTS CELLULAR DAMAGE*
- POWERFUL ANTIOXIDANT*
- HELPS REDUCE INFLAMMATION*



Available as Softgel Capsules



OrthoBliss® Ultra

Calcium + Zinc

Magnesium + D3 + K2

Folic Acid + Vitamin B12

OrthoBliss® Ultra is a potent formulation of Calcium, Zinc, Magnesium, Vitamin D3 & Vitamin K2 that is beneficial for arthritic pains & joint inflammations. It is fortified with Folic Acid & Vitamin B12 for maximum bio-availability. It also promotes healthy teeth.

- HEALTHY JOINTS & BONE GROWTH*
- HIGHER CALCIUM ABSORPTION*
- HELPS PREVENT ARTHRITIS*
- HEALTHY NERVE FUNCTION*



Available as Veg Tablets



Immune Health

The Holy Grail Of Health ![™]



ImmuneBliss® Zinc + Vitamin C Moringa

VitaBliss® Vitamin C, Zinc & Moringa Extract is one of the best supplements to promote immune health, skin care, hair strength & nail health. It is also beneficial for flushing out toxins due to its powerful antioxidant properties and therefore provides 2X immune support & post covid recovery.

- HELPS BOOST IMMUNITY*
- PREVENTS CELLULAR DAMAGE*
- POWERFUL ANTIOXIDANT*
- HELPS REDUCE INFLAMMATION*



Available as Veg Tablets



ImmuneBliss® Moringa + Biopiperine

ImmuneBliss® Moringa Fruit & Leaf Extract is a nutritionally complex green superfood that simultaneously nourishes and detoxifies the body. It is a whole food whose abundant nutrients are easily absorbed and utilized by the body. Piperine fortification acts as a catalyst for greater bio availability.

- HEALTHY HEART & SUGAR MANAGEMENT*
- ANTI VIRAL & ANTI BACTERIAL*
- POWERFUL IMMUNITY & ANTIOXIDANT*
- POTENT BLOOD DETOX*



Available as Veg Tablets

ImmuneBliss[®] Curcumin + Biopiperine

ImmuneBliss[®] Gold is a premium ayurvedic blend of high potency Curcumin 95% & Piperine extract that is beneficial for its germicidal, fungicidal & antibiotic properties and is rich in antioxidants. It is good for Liver, Heart, Arthritis, Diabetes & Cancer disease. Piperine fortification acts as a catalyst for greater bio availability.

HELPS BOOST
IMMUNITY*

ANTI VIRAL &
ANTI BACTERIAL*

POWERFUL
ANTIOXIDANT*

HELPS PURIFY
BLOOD & LIVER*



Available as Veg Tablets



Gut Health

Healthy Gut... Happy You !

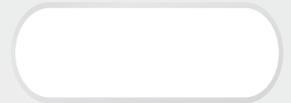
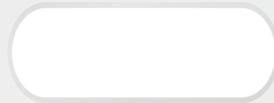
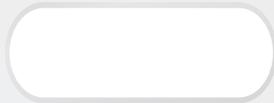
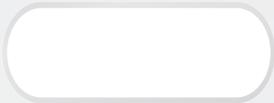


GutBliss™ Gold

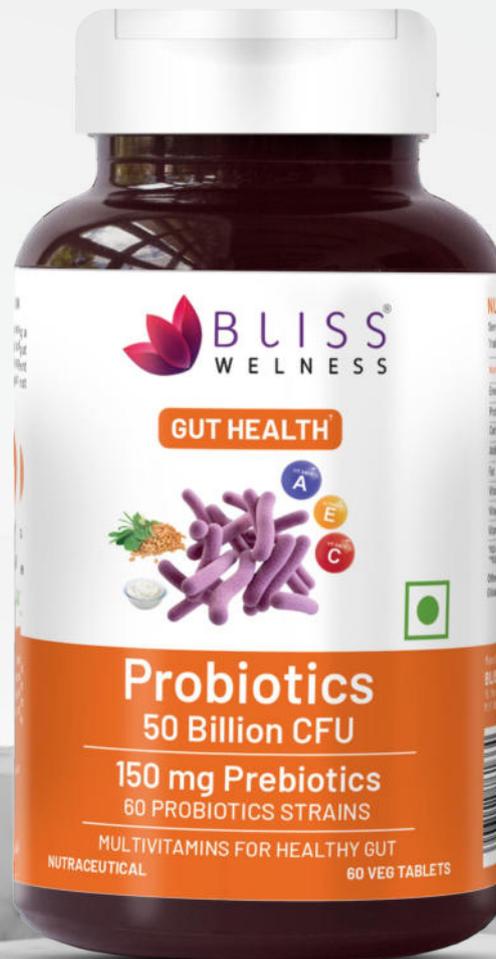
Probiotic + Prebiotic

Advanced Gut Health Formula

GutBliss Gold is a premium daily gut wellness formulation designed to support digestive balance, nutrient absorption, and overall wellbeing. It features a high-potency 50 Billion CFU probiotic blend to help maintain a healthy gut microbiome and digestive comfort. Enriched with prebiotics (FOS & Fenugreek fiber) along with Vitamin C, Vitamin E, Vitamin A, and Selenium, GutBliss Gold also supports immunity and antioxidant protection—making it an essential for everyday gut and wellness support.



Available as Veg Tablets



GlucoBliss® Natural

GlucoBliss® Pure is a premium extract of Fenugreek Fiber Galactomannan which is known to be amongst the finest dietary fibers in the world. It is known for reducing dietary sugar absorption, promotes satiety, supports blood sugar levels and helps manage weight.



Available as Veg HPMC Capsules



DetoxBliss®

A good day starts with a healthy gut. DetoxBliss® Gut Detox is the best formulation for all round Gut cleansing & wellness. Probiotics along with multiple ayurvedic ingredients like Triphala, Trikatu, Isabgol & Kalajeera help control Acidity, Gas, Digestion & Heartburn. It also helps cleanse the gut and is a strong antioxidant.



Available as Veg Tablets



Multivitamins & Herbs

Nutritional Support For Vital Functions !



VitaBliss™ Women's Daily Multivitamin & Herbs

VitaBliss Women's Daily Multivitamins & Herbs support daily energy, immunity, and overall wellness. Powered with essential vitamins and minerals like Vitamin C, D, B-complex, Calcium, Magnesium, and Zinc, they help maintain metabolism, bone strength, and immune health. A blend of Shatavari, Elderberry, Blueberry, Spirulina, Beetroot, and Chlorella supports vitality, skin health, and hormonal balance—keeping women energized and focused every day.

**SUPPORTS ENERGY
& METABOLISM***

**SUPPORTS BONES
& JOINTS***

**SUPPORTS HAIR,
SKIN & NAIL HEALTH***

**SUPPORTS
IMMUNE HEALTH***



Available as Veg Tablets



VitaBliss™ Men's 50+ Daily Multivitamin & Herbs

50 is the new 30 !

VitaBliss™ 50+ Men's Multivitamin provides comprehensive nutritional support to promote health in active matured men. This high potency multivitamin formula is designed to nourish, energize, and support the body with scientific ingredients that fuel Energy, Male health & Vitality at the cellular level. It is also fortified with herbs like Brahmi, Ginkgo, Fenugreek, Safed Musli, Mukuna, Gokhru, Lycopene & Lutein.

**SUPPORTS HEALTH
& VITALITY***

**SUPPORTS BRAIN
& HEART HEALTH***

**HELPS REDUCE
TIREDNESS & FATIGUE***

**HELPS IMPROVE
IMMUNITY***



Available as Veg Tablets

VitaBliss™ Women's 50+ Daily Multivitamin & Herbs

50 is the new 30 !

VitaBliss™ Women's 50+ multivitamin provides comprehensive nutritional support to promote health in active matured women. This high potency formula is designed to nourish, energize and support in post menopausal anxiety, hot flashes & mood swings. It is fortified with CoQ 10, Alpha Lipoic Acid, Zexanthine, Hyaluronic Acid, Cranberry, Bilberry, Curcumin & Grapeseed Extracts for best support that boosts energy & health at the cellular level.

**SUPPORTS BONE
& JOINT HEALTH***

**SUPPORTS
HEART HEALTH***

**SUPPORTS IMMUNITY
& ENERGY***

**SUPPORTS EYE
& BRAIN HEALTH***



Available as Veg Tablets



VitaBliss™ Women's Menopause Multivitamin

VitaBliss™ Menopause Support is an all inclusive multivitamin formula containing key nutrients such as Vitamins B6, B12 & D as well as Calcium & Magnesium that help restore the balance in hormonal activity and regulate the frequency of hot flushes. It also helps moderate night sweats, mood swings, insomnia and depression at the peak of menopause. It is fortified with herbal extracts like Shatavari, Blessed Thistle, Arjuna, Guggul, Sage Extract & Chasteberry Extract for best support.

**SUPPORTS
HORMONAL BALANCE***

**SUPPORTS METABOLIC
RESPONSES***

**HELPS BALANCE
MOOD SWINGS***

**CONTROLS HOT
FLUSHES & ANXIETY***



Available as Veg Tablets



VitaBliss™ Women's PCOS Multivitamin

VitaBliss™ PCOS Supplement is a evidence-backed formula that is rich in Essential Vitamins, Minerals & Herbs which help manage the hormonal imbalances that drive PCOS symptoms. It is a potent formula that helps regulate menstrual cycles, safeguard against oxidative stress, balance metabolic response, enhance mood & ensure healthy levels of hormones. It is fortified with Omega-3 DHA, Alpha Lipoic Acid, Manjishtha, Giloy, Vijaysar etc. for best support.

**HELPS REGULATE
MENSTRUAL CYCLE***

**CONTROLS HUNGER
& SUGAR PANGS***

**HELPS BALANCE
MOOD & ENERGY***

**ENSURE HEALTHY
HORMONAL HEALTH***



Available as Veg Tablets

VitaBliss™ Sports Teenage Girl Multivitamin & Herbs

VitaBliss™ Teenage Girls Multivitamins supplement is specially formulated with premium herbs & science-based nutrition which contains essential vitamins & minerals that every teenage girl needs. This science based formula helps in fulfilling the nutritional requirement to support better immune system, brain health, vision & overall wellness. It is an essential daily nutritional support for teenage girls who are active & on the go !

SUPPORTS HAIR
SKIN & NAILS HEALTH*

SUPPORTS
IMMUNITY*

SUPPORTS MUSCLE
& JOINT HEALTH*

SUPPORTS OVERALL
DEVELOPMENT*

VitaBliss™ Sports Teenage Boy Multivitamin & Herbs

VitaBliss™ Teenage Boys Multivitamin offers a wide range of key vitamins, minerals, herbs & essential nutrients specially selected to support the overall health and growth of teenage boys. It is scientifically curated to fulfil every teenage boy's daily nutritional needs. It contains Vitamin A, B6, B12, C, E, Folic Acid, Biotin, Niacin & many minerals to support a number of health benefits. An essential daily nutritional support for teenage boys who are active & on the go !

SUPPORTS MUSCLE
GROWTH*

SUPPORTS STRENGTH
& ENDURANCE*

SUPPORTS IMMUNE
HEALTH*

SUPPORTS OVERALL
DEVELOPMENT*



Available in Tablets



VitaBliss™ Vitamin B12+D3

VitaBliss™ B12+D3 is a blend of essential Vitamins that are crucial for the healthy functioning of our body. Both B12 & D3 are necessary for proper function of the neurological system and have direct implications on overall health including sleep, cognitive health, cardiovascular health and much more.

**SUPPORTS
CELLULAR HEALTH***

**SUPPORTS
COGNITIVE HEALTH***

**SUPPORTS
BONE HEALTH***

**SUPPORTS
IMMUNE HEALTH***



Available as Veg Tablets

VitaBliss™ Vitamin D3+K2

VitaBliss D3 + K2 is a 2-In-1 Formula to provide the perfect match of two vital nutrients extensively researched for their contribution to the health of bones, teeth and the cardiovascular system. Vitamin D-3 plays an important function within the immune system, whereas Vitamin K is critical for the formation of a healthy & strong bone matrix.

**SUPPORTS
STRONG BONES***

**SUPPORTS
HEART FUNCTION***

**SUPPORTS
IMMUNE SYSTEM***

**SUPPORTS GLUCOSE
METABOLISM***



Available as Veg Tablets



VitaBliss™ Vitamin D3

VitaBliss™ Vitamin D3 the “sunshine vitamin” helps support a healthy immune system, strong bones, brain and teeth. It is essential to ensure healthy control over calcium absorption and the availability of calcium to bones. Vitamin D3 is also beneficial in reducing depression.

**SUPPORTS
IMMUNE HEALTH***

**HEALTHY BONES
& TEETH***

**SUPPORTS
HEART HEALTH***

**HELPS CELLULAR
GENE REGULATION***



Available as Veg Tablets



VitaBliss™ Vitamin B12

VitaBliss™ Vitamin B12 supplement is one of the most important vitamin supplement that helps develop red blood cells, which are responsible for carrying oxygen throughout the body. Vitamin B-12 also contributes to the overall health of the nervous system.

**VITAL FOR
CELL HEALTH***

**SUPPORTS NERVOUS
SYSTEM***

**PROMOTES
ENERGY***

**HELPS PROMOTE
HEALTHY SKIN***



Available as Veg Tablets





BeautyBliss™ Hair Vitamin & Herbs

BeautyBliss™ Hair Vitamin formulation is the right mix of nourishing ingredients with extract of Green Tea, Pumpkin seed, Pine bark, Bhringraj & Omega-3 that helps accelerate hair growth & maintain healthy & strong hair from root to tip. It is power packed with the best combination of essential vitamins, minerals & herbs for shiny, strong & lustrous hair.

- HELPS CONTROL HAIR FALL*
- HELPS BOOST HAIR GROWTH*
- HELPS DECREASE HAIR THINNING*
- HELPS STRENGTHEN HAIR*



Available as Veg Tablets

BeautyBliss™ Skin Vitamin & Herbs

BeautyBliss™ Skin Vitamin formula is loaded with high efficacy vitamins, minerals & plant based herbs like Milk Thistle, Rosemary, Hyaluronic Acid & Alpha Lipoic Acid that have highly effective intrinsic properties to intensely hydrate & deeply moisturizes skin cells for smooth skin texture, enhancing skin firmness to improves the overall quality of your skin.

- SUPPORT SKIN CELLS HYDRATION*
- ENHANCE SKIN FIRMNESS*
- SUPPORTS SKIN GLOW*
- DEEPLY MOISTURIZES FOR SMOOTH SKIN*



Available as Veg Tablets





General Wellness

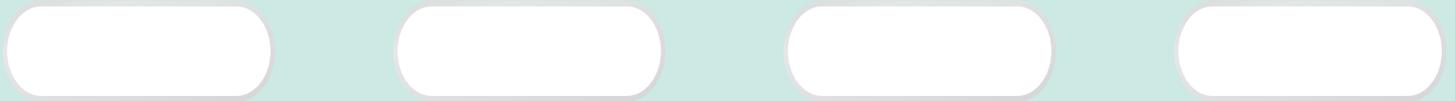
Nutritional Support For Vital Functions !



HappyBliss

World's First Happiness Mix

HappyBliss, Daily Happiness Mix is a science-backed emotional wellness formulation that combines neuro-nutrients with herbs, amino acids, minerals, and probiotics. It helps support the activity of happiness hormones such as dopamine, serotonin, endorphins, oxytocin, and GABA, while balancing cortisol, the body's stress hormone—encouraging emotional balance, better focus, and a calm, positive mindset.





First Shot

Liver & Kidney Protection Shot

Bliss Wellness First Shot is a premium wellness shot designed to be taken before alcohol consumption to help protect and safeguard the liver and kidneys from alcohol's effects. Formulated with potent Milk Thistle, N-Acetyl Cysteine (NAC), Curcumin 95%, L-Glutathione, Choline, Inositol and Dandelion, it support Antioxidant defence, Metabolic balance, and Organ resilience by flushing out toxin. Enhanced with Vitamin E, B6 and Folic acid and finished with a smooth cola-mint flavor. First Shot promotes responsible drinking and long-term wellness.

**LIVER PROTECTION
& DETOX SUPPORT**

**POWERFUL
ANTIOXIDANT DEFENSE***

**METABOLIC &
ORGAN BALANCE***

**SMART PRE-DRINK
WELLNESS CARE***

Available as Premix Powder Format



Sleep Harmony Kit All Round Anti-Snoring Solution

Restore night-times harmony and end sleep disruptions with the Sleep Harmony Kit, a holistic 3-step Ayurvedic solution designed for quieter nights and deeper, restorative sleep.

Sleep Harmony Spray : A calming pillow and room spray infused with soothing botanicals, creating a serene sleep environment that relaxes the senses and prepares the mind for uninterrupted rest.

Sleep Harmony Tablet : Crafted with premium herbs including Sarpagandha, Chamomile, Tagar, Jatamansi, Brahmi, Elaichi, Ginger, Garlic, Mint, Guggul and Punarnava, these tablets support mental calmness, relaxed breathing and deeper more restorative sleep.

Sleep Harmony Navel Oil : A therapeutic oil blend of Olive, Peppermint, Eucalyptus, Basil, Nirgundi and Caster Oils, applied in the navel before bedtime, promotes night-time comfort, gentle respiratory ease and holistic relaxation.

Together, this ritualistic 3-step system transform bedtime into a luxurious practice of calm, supporting peaceful sleep, reduced snoring, and shared nights because true wellness begins with a serene night.

PROMOTES
DEEP & RESTORATIVE
SLEEP*

REDUCES
DISTURBANCES
& SNORING*

CALMS MIND &
EASES STRESS
BEFORE BEDTIME*

SUPPORTS NIGHT
-TIME RELAXATION
& COMFORT

Available as Spray, Oil & Tablet Format



ABOUT US

Founded on the strong pillars of core research, supported by government of India recognized & UGC /DST aided Softvision Research Institute, Bliss has at its core the motto : "Healthcare... Not sickcare!"

Promoted by leading educationists and powered by a highly decorated group of scientists & research scholars with excellent mix of specialization in Biochemistry, Microbiology, Chemistry & Food Technology, Bliss has global footprints in health & food supplementation. Pure & natural is the foundation of bliss and highest potency of active ingredients is its mission. We maintain & follow high ethical standards of manufacturing practices for developing best quality of supplements & food ingredients that flawlessly merge with the existing range of products to take them to next levels. With best scientific acumen, insightful market knowledge and an impressive & continuously growing range of supplements & food ingredients, bliss is committed to provide best customized solutions & innovations.

The Holy Grail Of Health !TM

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